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EXPERIENCE SHEET ON AUTISM

- Each and every one of us is a complete person within ourselves. Each and every one of us is also different. We feel differently. We dream differently. We sense the world around us differently. **We all have a different way of being.**
- **Autism** is a **lifelong developmental disability** associated with poor social skills. It is sometimes referred to as an “invisible disability” as there is nothing about how people with autism look that sets them apart from other people. However, people with autism may communicate, interact, behave and learn in ways that are different from most people.
- Individuals with autism have **emotions** and are able to form attachments with others although they may express them differently. Similarly, many individuals with autism are able to **communicate**. This may through the thorough use of language, use of gestures, picture exchange, sign language, spoken language, or computer technology. Individuals with autism will display a range of **sensory needs** that can affect their behaviour.
- **Autism is sometimes referred to as a “spectrum condition”**. This means that just like people without autism are different from each other, people with autism are different too. Autism can translate into a wide range of symptoms. The intensity with which it affects their ability to function also varies from mild to severe. The range of consequences is also extensive. At one end, the

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autism of a computer scientist may not be noticeable to others; at the other, a quarter of children with autism do not speak.

- Research on autism continues. There are currently no known **causes**, although genes are considered as one of the risk factors that can make a person more likely to develop autism.
- Autism also does not have a **known cure**, although research shows that early intervention therapies can help an individual's overall prognosis.
- There are many myths that exist about the intellectual abilities of individuals with autism. **Every person with Autism has unique strengths and challenges.** Autism is not the same as an intellectual disability or mental retardation. Nor is every child with autism a genius. Children with autism have a full range of IQ scores, just like typically-developing children.
- Every person with autism does not have a special talent. Some do, some don't. Many children with autism have uneven abilities— and many may also learn differently so what seems like a special talent at a young age may not seem so when they are older.

To find out more go to www.oursmallwonders.org

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